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May 2014
eNews from New Day Youth & Family Services

Our Mission To engage troubled youth and their families in charting a proactive life course that will help them become meaningful members of our community.

Our Vision Every youth has a safe refuge for the present, adult allies for the future, and the basic skills they need to carve a healthy and positive path forward.

Help Make Our House a Home



After a long day of work, school, and activities, where does your family gather for a warm meal?

Many of our youth have a "survival" approach to food, or have been in institutional settings that are utilitarian only. They don't know what a "family table" might look or feel like.

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New Day Dinners

We invite the community to eat dinner with our youth once a month. We are now filling in slots for our May dinner. If you or your organization is interested in attending a dinner and learning a little more about New Day Youth & Family Services contact Shawna Brown at 505-260-9912 or via email at sbrown@ndnm.org.

Life Skills Academy Schedule

Our goal at New Day is to create a space that is warm and welcoming so that our shelter is more like a Safe Home, which allows our youth to feel secure enough to move out of survival mode and into a mode that begins imagining and planning a future without homelessness. The remodel of the dining room will allow us to reach this goal.

The New Day dining room has served as the eating area for over 4,000 youth in our program. Throughout the years, the wear and tear on our dining room has led to broken and uncomfortable furniture, stains on the floor that cannot be removed, and inadequate storage. New Day staff and youth work hard to keep the dining area clean, but we are now at a point to where a remodel and upgrade is necessary to create a healthy, comfortable and positive experience for our youth and we need your help.

GOAL: \$10,000

[Please give today and help us make our shelter a home!](#)



Our Life Skills Academy is for youth ages 15-21 who are looking to develop key skills to improve their emotional intelligence, social intelligence/social capital, and functional intelligence. Each month we upload the calendar on our website. You can get our most up to date calendar [here](#).

Life Skills Academy - Habitat for Humanity



The New Day Life Skills Academy (LSA) classes cover a variety of topics including financial literacy, resume writing, and safe and healthy relationships. Another component of the LSA is community service and the importance of giving back to the community at large.

Last month youth who attended the Habitat for Humanity LSA class not only gave their time they also gained functional skills such as construction knowledge.

The youth repeatedly expressed that their favorite part of the class was knowing they were working hard to help others who are in need. They felt a strong sense of community and companionship with each other and the other volunteers who were at the build site.

They were asked to commit to 6 hours of work, and even though a couple of them got tired and wanted to quit, they

Stay Connected to New Day!

Did you know that we are on Facebook? It's one of the fastest ways to stay up to date with New Day Youth & Family Services!

www.facebook.com/NewDayNM



Dare Me For Charity

Dare Me For Charity is a reality TV show that dares contestants to support their favorite charity through wild stunts. You can join New Day's team and learn more about the event here:

<http://bit.ly/Jump4NewDay>

all roughed it out until the end. They were all very proud of themselves and felt the experience was extremely valuable.

Thank you to all who support the New Day Life Skills Academy through your financial contributions. You truly are making positive possible for youth in our community.



Special Thank You!

Dekker/Perich/Sabatini and Interface

Thanks to a large donation of carpet squares from Interface, volunteers from Dekker/Perich/Sabatini and from our community helped us place new carpet in the Safe Home.

This task required volunteers to move heavy furniture, pull up old carpet, and place new carpet which they all managed to do with smiles on their faces! We are extremely grateful for the folks who stopped by to help continue to make our house a home.



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